



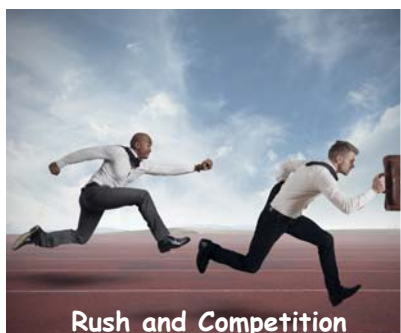
Istituto Reich

per la Prevenzione Primaria e la Psicoterapia Corporea

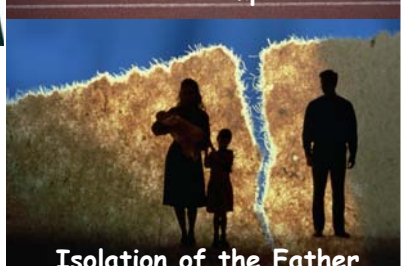
Medicalization of pregnancy and delivery



Stressed life



Rush and Competition



Isolation of the Father



Family vs. Business

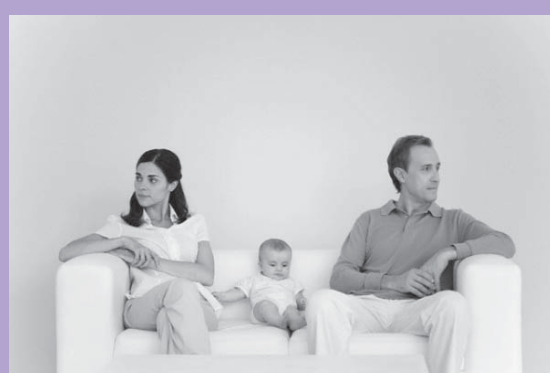
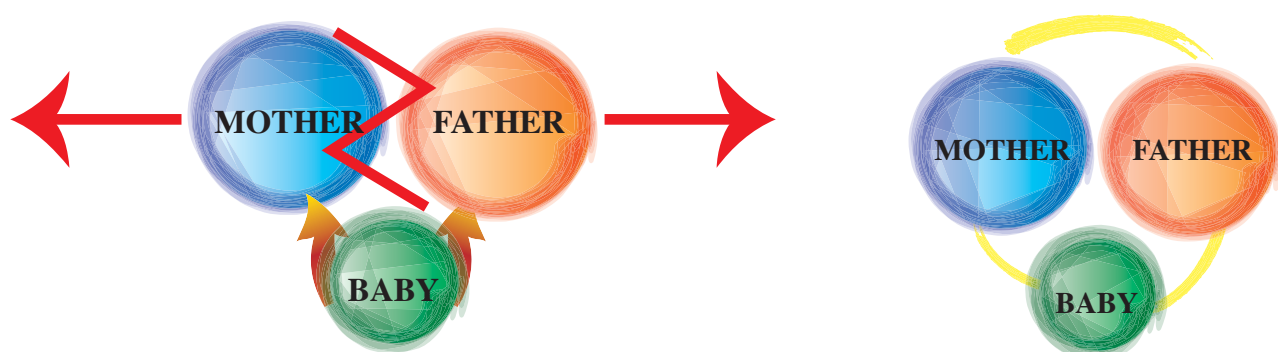
EARLY DIS-EMBODIMENT RISK FACTORS:

Loss of contact with one's body and emotions; absence of the father; a "Liquid Society" without definitions and rules; bad economic conditions; money and competition as main quality. An excessive use of instruments during the pregnancy, such as clinical analyses, ultrasonic scans, etc.; excessive number of deliveries under anesthesia or by caesarian section, scheduled according to the obstetricians agenda.

The umbilical cord is cut too early. The babies are carried away from the mothers and the breastfeeding process is not assisted.

We are losing confidence in the intelligence of our body and in the power of the Familial Bioenergetic Field

What can we do?



Working on the familial bioenergetic field, our main task is to reinforce the parents' trust in their feelings and emotions.

It means promoting the Mother and the Father Functions as both necessary, defined and cooperative functions.

It means restoring their body-mind Functional Identity, their vital pulsation, their pleasure in being alive.

It means having confidence in the intelligence of the body.

What kind of tools do we use?

Usually, we use Gentle Contact; functional breathing; slowing down the agitated rhythms; contact with one's bodily sensations, feelings and emotions; promoting the father's function.

We also teach the Gentle Bioenergetics Baby Massage to the parents and we promote natural birth and breastfeeding.



The Istituto Reich's approach to newborn babies and parents is called

Parenting the Parents



Istituto Reich

Promoting Embodiment in a Dis-Embodied Society:
 A Gentle Bioenergetics Approach by the Istituto Reich